



Mailing Address: P. O. Box 52070
East Palo Alto, CA 94303

Location: 1852 Bay Road
East Palo Alto, CA 94303

Telephone: 326-9797, Administrative Office
(Tuesday - Friday... 11am - 3pm)

Telefax: 326-9797 (Please call first to *reserve* Transmission Line)

e-Mail: director@breadoflifeepa.org

Status: Non-profit agency. 501(c)(3) Federal I.D. # 94-3103364

Contact Person: Harriett Wycoff., Executive Director

- **MISSION:** The mission of **BREAD OF LIFE EPA** is to provide hot, nutritious, culturally-appropriate meals, clothe and comprehensively serve the economically-disadvantaged, homeless, elderly and recovering-addict residents of East Palo Alto (EPA) and nearby eastern Menlo Park (eMP), thus improving the health, welfare, dignity and spiritual well-being of the entire community.
- **PROFILE:** The primary focus of **BREAD OF LIFE EPA** efforts is its basic **MEAL SERVICE** to the homeless, the indigent, families with young children, the elderly, the chronically-ill patients and recovering addicts in the EPA and eMP communities. Five days a week, diners receive hot, nutritious, delicious meals. In addition, constituents have access to donated clothing and miscellaneous items. We meet various needs and deliver services in a non-judgmental atmosphere of love, respect and expectation that those suffering in poverty will partner with **BREAD OF LIFE EPA** and other local non-profit groups to work toward wholeness and healthy productivity in our society.
- **GOALS:** To provide for individuals and families a safe, encouraging and loving atmosphere, a “temporary sanctuary” in which to secure a hot meal, clothing, basic survival toiletries, household items and supplies...and experience dignity and genuine caring. Further, we pass on training, educational, employment, medical, dental information/referrals intended to empower individuals and families to gain and maintain economic independence and spiritual health.
- **OBJECTIVES:** To perpetuate a sense of dignity among people suffering from poverty and homelessness
To preserve the family unit and prevent “at risk” families from slipping into (permanent) homelessness and/or disintegrating into a dysfunctional/non-functional unit
To offer services for the survival and improved health of those living in poverty
To provide encouragement and opportunity for impoverished children and youth
To raise community awareness on how to help neighbors
To be an *accountable* organization of *integrity* that fosters confidence that resources offered by one community will be diligently and responsibly delivered to those various populations we serve, those most in need....without fee, without compromise.
- **FACTS:** **BREAD OF LIFE EPA** serves hot meals to the hungry on Tuesdays, Wednesdays, Thursdays, Saturdays and Sundays. The number of diners fluctuates dramatically from day to day, but may be as high as ~200. On holidays and special occasions, up to 500-750 diners are served.
BREAD OF LIFE EPA has strategically formed collaborative relationships with other local CBO’s (Community-Based Organizations) in an effort to enhance services delivered to the homeless and other residents of EPA and eMP. (Details available upon request.)
BREAD OF LIFE EPA Summer 2003 Children’s Program served over 75 children. Fewer activities (singing, games, action performances by children) were offered this summer, compared to last summer, due to scarcity of resources and personnel. Even so, children were honored at each meal (full course meals with their families) and provided with nutritious snacks, nutrition education and social-skill-enhancing, fun activities.
BREAD OF LIFE EPA’s Executive Director, Dr. Jeri L. Hill (dr. j) is intimately familiar with the unique culture and challenges of local residents. She brings to **BREAD OF LIFE** a vision of *innovative advocacy* for homeless and economically-disadvantaged children with early academic, emotional and spiritual intervention to “break the cycle” of bondage that such children inherit, internalize and “pass on” to the next generation.
- **NEEDS:** Our most critical need at the moment is finances...given the current economic downturn. Thus, we are seeking enthusiastic individuals wishing to creatively lead fundraising teams. We also desperately need a Volunteer Driver. Wishes: Sleeping Bags, Crock Pot, Deep Fryer.

**BREAD
OF LIFE
EPA**



Co-founders

Lovie D. Lewis
William Lee, M.D.

Board Chairman

William Lee, M.D.

**Executive
Director**

Jeri L. Hill, Ph.D.

Board Members

William Lee, M.D.
Sylvester Bass
Larry Becker
Kevin Chen, Ph.D.
Larry Langdon
Edward Talberth, MD
David Thysen
Timothy Wright, Esq.

Advisor

Morton Frank
J.Russell Hall, Ph.D.
Ken Imatani
Larry Moody

Volunteers

Smooth operation of Bread of Life EPA’s various comprehensive services is highly dependent on donations and volunteers. Most of the regular volunteers are East Palo Alto & eastern Menlo Park residents who have committed themselves to improving the quality of life of all local residents.

Volunteers from surrounding communities are also invaluable. Some volunteers are students from Stanford Univ. Others are from various Jr. High and High Schools, satisfying “Community Service” hours needed for their academic regimen. Yet other volunteers are from civic or religious organizations. Some come weekly; some, monthly; some, on special occasions and holidays.

Volunteers generally find Bread of Life EPA service to be a unique and heart-warming experience. **You can volunteer today!**

Bread of Life EPA receives no federal or state funding. Thus, Bread of Life EPA depends heavily on donations from individual donors and from corporations who wish to improve the lives of the homeless and indigent. **You can donate finances or resources**

BREAD OF LIFE EPA



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MEAL SERVICE HOURS

Tues 4:30 p - 5:30p / 4:15p - 6:30p
Wed 4:30p - 5:30p / 4:15p - 6:30p
Thurs 4:30p - 5:30p / 4:15p - 6:30p

Sun 2:30p - 3:30p / Inquire *re* specific weekend volunteer schedule

DIRECTIONS

From North Bay

Take 101 South.
Exit at University Ave Exit (Take the East Palo Alto option), veering to the right.
Turn right at red light signal. (University Ave.)
Cross (Overpass) 101.
Continue on University Ave several blocks.
Turn Right onto Bay Road.
After one stop sign, cross the old railroad tracks.
Turn right into the first PEOPLE'S PLAZA driveway.
BREAD OF LIFE EPA is the last building at end of the driveway.

From South Bay

Take 101 North.
Exit at University Ave (East Palo Alto) Exit, veering to the right.
Turn left onto Donohoe at the first red light signal.
Turn right onto University Ave at the next red light signal.
Travel several blocks on University Ave.
Turn Right onto Bay Road.
After one stop sign, cross the old railroad tracks.
Turn right into the first PEOPLE'S PLAZA driveway.
BREAD OF LIFE EPA is the last building at end of the driveway.

VOLUNTEER OPPORTUNITIES

Volunteer duties: Food preparation, Food service, Post-meal Clean-up, Clothes Closet, Pick-ups & Deliveries, Building (Holiday) Decoration and Maintenance, Food Distribution to Collaborators
Bread Of Life EPA volunteers choose from a variety of Volunteer Opportunities.

Some volunteers come on a one-time basis, as their schedules permit.

Other volunteers come on a once or twice weekly basis. (i.e. Tuesday and Thursday)

Still other volunteers, especially church groups, come as part of a group at defined intervals. (i.e., every third Saturday or every fourth Sunday)

Some volunteers come once to help us with a project. (i.e. assemble a special meal kit)

In all cases, volunteers work under supervision of staff and agree to adhere to our policies.

Bread Of Life EPA attempts to accept volunteer help, according to volunteers' convenience.

Special Holiday Volunteer Options are exciting. Most individuals/groups schedule *well in advance*

to avoid disappointment of all volunteer slots being filled.

Finally, fundraising projects *under the supervision of Bread Of Life officials*, are most welcomed.

Feel free to inquire about our *fun fundraising* Development Committee activities.

BREAD OF LIFE EPA



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Board Chairman

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Volunteers from surrounding communities are also invaluable. Some volunteers are students from Stanford. Others are from various Jr. High and High Schools who wish to satisfy "Community Service" hours needed for their academic regimen. Yet other volunteers are from civic or religious organizations. Some come weekly; some, monthly; some, on special occasions and holidays.

All Volunteers are critical to the everyday workload at Bread of Life.

Volunteers (young and old) usually find Bread of Life to be a unique and heart-warming experience. You can volunteer today!

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